

ABSTRACT

The aim of the current research is to identify the reality of family counseling in the Saudi society, the current research followed the descriptive survey method, and the research sample consisted of (114) individual counselors practicing family counseling in a number of centers in Jeddah, and they were chosen by the social survey method, and a questionnaire was prepared By the researcher, the validity and reliability of the study instrument were checked, and the following results were shown:

1- There are statistically significant differences in the years of experience of the sample members at a significant level (0.01) in favor of years of experience (less than 5 years).

2-There are statistically significant differences on the existence of a professional contract that clarifies the rights and duties between practitioners and clients at a significant level (0.01) in favor of the existence of a professional contract between practitioners and clients that clarifies the rights and duties of each of them.

3- There are statistically significant differences among the sample members in the practice of training in family counseling skills at a significance level (0.01) in favor of (yes, the training was done).

4- There are statistically significant differences in the nature of work within the family counseling centers at a significance level (0.01) in favor of (cooperative guide).

5- There are statistically significant differences in the means through which family counseling is provided at a significance level (0.01) in favor of (in the presence of a designated place).

6-There are statistically significant differences in the existence of a separate private office in the case of attendance counseling at a significance level of (0.01) in favor of (yes, there is a private office).

7-There are statistically significant differences in the availability of the necessary equipment to receive and deal with cases at a significance level

(0.01) in favor of (yes, there are equipment to receive cases and deal with them).

8-There are statistically significant differences in cooperation with other extension institutions at a significance level (0.01) in favor of (yes, there is cooperation).

9-The most cases that were dealt with were family issues, at a rate $(\%73,7)$

10-The highest percentage of the groups targeted for counseling is the family. $(\%73,7)$

11-There are statistically significant differences between the cases that are received for consultations on a monthly basis at a significance level of (0.01) in favor of (less than 5 cases) per month.

12-There are statistically significant differences for the counselors 'discussion of clients' evaluation of them at a significant level of (0.01) in favor of (yes, there is a discussion of mentors when the client evaluates them).

13-The bodies that coordinate with each other and the Center to provide appropriate advice to the situation, as the highest percentage of charitable societies reached. $(\%46,0)$

14-The nature of the practitioner's role in his role in family counseling, as the diagnosis and evaluation of the problem reached the highest percentage. $(\%67,0)$

15-Therapeutic approaches used in family counseling, where the highest therapeutic approach was cognitive-behavioral therapy. $(\%80,2)$

16-The obstacles that face the guide during the counseling process, as the most obstacles facing the guide are cultural obstacles. $(\%53,0)$

17- Your suggestions to confront the obstacles and improve counseling in the centers, as the proposal for training periodically for counselors reached the highest rate (54.4%).